



WINCHMORE HILL MARTIAL ARTS CLUB



Location: Grange Park Primary School, World's End Lane, N21 1PP.

Days/Times: Saturdays 10.30-11.30am.

Age range: 7-12 year olds (13+/adult class to start soon).

What we teach: Self defence techniques from kickboxing, boxing and karate, which are taught in a safe and child-friendly environment. All instructors are fully qualified, DBS checked and first aid trained.

How to register or for further details: Contact Winchmore Hill Martial Arts Club via email whmartialarts@outlook.com or phone **07939273922**.

