



Character Education - Autonomy

At the beginning of Autumn 2, the children were introduced to our second character trait 'autonomy'. The children listened to the story 'The Story of You' with the key message that in every choice the children make, they are writing the story of themselves.

During the assembly, we discussed the meaning of autonomy. It is about having the freedom to make our own choices, showing independence in our learning and on the playground and taking responsibility when something does not go our way.

Together, we recognised that we may experience some difficulties in showing autonomy. In class, the children discussed moral dilemmas to help them to overcome these difficulties to ensure that they act responsibly, even when no one is watching.



Supporting at Home

Model it - When making a choice for yourself, explain to your child your reasons for choosing this, what you hoped to happen and other choices you could have made. This will help when they need to make their own choices, both in school and at home.

Encourage it - Create opportunities for autonomy at home. When you would like your child to complete a task, give them choices so that they have shown autonomy for the task.

Praise it - If you see your child showing autonomy, praise their efforts.

Below are some suggested books that you can share with your child at home.

