

[WEEKLY MENU]



Week 3

Weeks Commencing: Monday 20th Jan - Monday 10th Feb - Monday 9th March - Monday 30th March



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day	Shepherdess Pie (CE, F, G, MK)	Meaty Pizza (G, MK)	Roast Thyme Chicken (SO)	Lamb Spaghetti Bolognese (CE, G)	Baked Battered Fish with Tomato Ketchup (F, G)
Vegetarian Dish of the Day	Veggie Shepherdess Pie (CE, E, F, G, MK)	Margherita Pizza (G, MK)	Lentil & Spinach Strudel with Tomato Sauce (E, G, MK)	Veggie Bolognese (CE, E, G)	Vegetable Burger in a Bun (G)
Vegetable Choice	Sweetcorn Medley of Seasonal Vegetables	Diced Herby Potatoes Carrots & Peas	Baby Roast Potatoes Savoy Cabbage Cauliflower	Carrots & Cabbage	Chipped Potatoes Baked Beans (SU) Seasonal Vegetables
Dessert of the Day	Chocolate & Beetroot Brownie with Chocolate Sauce (E, G, MK) Fresh Fruit Salad	Cherry Tray Bake & Whipped Cream (E, G, MK) Fresh Fruit Salad	Granola Cereal Bar (G) Fresh Fruit Salad	Jam & Coconut Sponge with Vanilla Sauce (E, G, MK) Fresh Fruit Salad	Strawberry Mousse with Choc Chip Cookie (E, G, MK)
Jacket Potato Bar	See Board for Details	See Board for Details	See Board for Details	See Board for Details	See Board for Details
Cold Selection	Help Yourself Salad Bar Home Baked Breads Fresh Fruit	Help Yourself Salad Bar Home Baked Breads Fresh Fruit	Help Yourself Salad Bar Home Baked Breads Fresh Fruit	Help Yourself Salad Bar Home Baked Breads Fresh Fruit	Help Yourself Salad Bar Home Baked Breads Fresh Fruit

Allergens:

CE= Celery E = Eggs F = Fish G = Gluten MK = Milk MU = Mustard SO = Soya SU= Sulphates

Grange Park

