

## **Internal club descriptions SPRING 2020**

### **Hockey PE Revolution**

Take your hockey skills to the next level with this fun and competitive club. Coach Rhys will be teaching a different hockey skill every week. Children will have the opportunity to participate in hockey challenges and play small sided games.

### **Basketball PE Revolution**

Calling all basketball lovers of all abilities to join our club this term. We will be working on different skills, as well as learning the rules of the game. There will be plenty of match time to showcase what the children have learnt. Sign up and join the fun!

### **Fun With Lego**

In this club, children are challenged to build a model matching our weekly theme! Children are encouraged to experiment, share and learn from one another. It's great fun of course!

### **Ukelele**

Come and learn to play the ukulele, an easy to learn and charming instrument, which gives a feeling of success in a short period of time! The instrument is provided and we organise mini end of term concerts to parents! This Spring term club is especially for beginners.

### **Spanish**

If you have a passion for Spanish, or are interested in the culture, then come and join in with creative activities that support the use of conversational Spanish – we also learn to sing Spanish songs! Let's have fun together! ¡Vamos!

### **Brainiac!**

This club aims to exercise and stretch children's elastic brains with problem-type puzzles and brain teasers. It focuses on logic quizzes, verbal and non-verbal reasoning, spatial thinking and riddles. Solving logic problems and playing games boosts brain-power and strengthens memory. Brainiac club is also a great form of game-based learning that not only entertains but inspires creativity and satisfaction.

### **Story Adventure Club**

In this club children can come and explore a variety of books, with activities focused on a book of the week during each session. It gives children the opportunity to socialise and engage with others in a relaxed environment. Children also have a chance to share their own books from home and school, if they choose, and these can also be used as a stimulus for activities.

### **Debating**

The debating club will address a number of different topics in a format that supports children to enhance their reasoning and critical thinking skills whilst also encouraging them to think about and articulate thoughts about a range of issues. Children will work in teams and improve a range of speaking and listening skills at the same time as developing relationships and enjoying exchanging and responding to different viewpoints!

### **Design and Technology**

In this club, the children learn how to design and create 3D objects and models using paper and cardboard, after looking at designs and products that exist in the world. It is creative and open ended, supporting and developing children's fine and gross motor skills and developing an interest of design as a complement to the DT in our curriculum.

### **Board Games**

At board games club, children will collaborate together to learn to win and lose gracefully – an important life skill! Children will learn to problem solve on the spot and most importantly, they will have fun.

### **Table tennis**

We have so much fun in this club! Coach Rhys works on serve, forehand, backhand and smash. The group plays lots of quick fun challenges and matches. We are hoping to organise a table tennis competition with local schools this term.

### **Boys and Girls football training PE Revolution**

Coach Rhys and coach Jack are ready to help all children to develop and improve their football skills. The Grange Park PE team arrange a number of matches throughout the year and we hope that every child in these clubs will represent the school.

## **Yoga**

This club includes a range of activities to nurture both physical and mental wellbeing. Classes incorporate games, the formation of different poses, breathing exercises, affirmation work, concentration activities, meditation and relaxation, all to support children to grow in self confidence and self care in this modern world.

## **Dance**

Ballroom and Latin American dancing were once seen as old-fashioned. However, thanks to Strictly Come Dancing, it is now back in the spotlight! Ballroom and Latin American dancing involves performing a series of steps. The music used is usually popular pop songs with a Latin American twist as well as classic Latin rhythms. Some of the popular dances are the cha cha-cha and the jive, as well as classic latin styles like samba and salsa. Dancing is a great opportunity for all children to exercise physically and mentally and make new friends.

## **Home Learning**

Your child can come to this free club and make use of some teacher support to complete home learning before the weekend! It's great if your child would benefit from guidance to complete learning tasks, touch in with their understanding and also have a quiet and focused space in which to work. This club is free for all, numbers permitting.

## **Maths Club**

Maths club introduces a wide variety of maths tasks, puzzles, quizzes and makes use of problem solving skills and cooperation. It helps develop children's understanding of maths and boosts self-confidence, which can enhance children's engagement across the curriculum and in life!

## **Fun with Lego.**

Building with Lego helps children to improve upon their focus and concentration, fine motor skills and problem solving skills. In this club, The children are challenged to work cooperatively to build a model matching a weekly theme. Children are encouraged to experiment, share and learn from one another.

### **Health and Happiness Club**

This club consists of activities such as games, exercise and challenges to encourage and support children to think and act in a positive manner, with the aim of enabling them to become healthy and happy citizens, so they can encourage the same in others!

### **Netball PE Revolution**

This club is designed to prepare our netball squad for competitions and matches. Coach Daniela will challenge the group to improve in all areas of the game. Drills are designed to accelerate development and build confidence in different match situations. Above all the group will have tonnes of fun!

### **Art Club**

This club offers children the opportunity to explore creativity and develop their artistic skills. The sessions include the development of drawing, painting, modelling, designing and many other skills, also incorporating a focus on sustainability - children are encouraged to use recycled materials to create and design inspirational projects, such as food product packaging design and origami.