Screen Time Contract

Every day, I will have th	nis much total screen time:
screen time includes telev	vision, computer, video games, and hand held video games/ipod)
f necessary, you can get each type of activity	even more specific and define how much screen time will be used for
Television	Video Games
Computer	Hand held video games/ipod
Screen time will no	ever get in the way of my homework time
When my screen t argument	time is over, I will stop my video, show, or game without an
Screen time will no	ever get in the way of household chores and obligations
I understand that s obligations during	some days I may not get all of my screen time if I have other the day
f I follow the screen ti	ime contract, my reward is:
	ime contract, my reward is:
f I don't follow the sci	
f I don't follow the sci	reen time contract, my consequence is:
f I don't follow the sci We will review our contr Child signature:	reen time contract, my consequence is: