

Friday 15 October 2021

Dear Parents

Re: Rules, routines and boundaries virtual parent workshop: Thursday 4 November 2021

On **Thursday 4 November at 9am**, Jacqui Summers will be running this workshop for parents that will explore rules, routines and boundaries.

The workshop will explore the following areas:

- The need for consistent consequences to behaviour choices, but also realistic expectations
- Being kind to both your child/children and to yourselves
- Challenge of everyday life and how a simple daily routine might be constructed to support learning, wellbeing and balance.
- Sharing issues/ideas and finding solutions together.

Parents attending the workshop should drop their child off as usual and then make their way to the round hall (by the main entrance).

As parents will be in an enclosed space and coming into contact with people they don't normally meet, we are recommending that parents wear a face covering when in the round hall.

Best wishes

Rebecca Neale
Deputy Headteacher