

23.12.20

Dear Parents

We have been advised by Public Health England that there have sadly been several isolated cases of COVID-19 within the school since Thursday 17 December. We have listed the cases on the [website](#). We will continue to update the website with details of any more cases. As you know the government has asked schools to identify close contacts if pupils or staff members are tested positive until Wednesday 23 December (including this date). So please do let the school know by emailing the school office (office@grangeparkprimaryelt.org) if your child has tested positive for COVID 19.

The children who have been in close contact with any individual who has tested positive for coronavirus (COVID-19) have received a letter informing them that their child must stay at home for 10 days.

We know that you may find this concerning but we are continuing to monitor the situation and are working closely with Public Health England. This letter is to inform you of the current situation and provide advice on how to support your child. Please be reassured that for most people, coronavirus (COVID-19) will be a mild illness.

What to do if your child develops symptoms of COVID 19

If your child develops symptoms of COVID-19, they should remain at home for at least **10 days** from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119.

All other household members who remain well, must stay at home and not leave the house for 10 days. This includes anyone in your 'Support Bubble'.

Further information is available at:

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

The 10-day period starts from the day when the first person in the house became ill. Household members should not go to work, school or public areas and exercise should be taken within the home.

If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online. Household members staying at home for 10 days will greatly reduce the overall amount of infection the household could pass on to others in the community. If you are able, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.

Symptoms

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- a new continuous cough
- a high temperature
- a loss of, or change in, your normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from the nhs.uk website at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/>. If you are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at <https://111.nhs.uk/> or by phoning 111.

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

Do

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

World's End Lane, London N21 1PP • Telephone 0208 360 1001
office@grangeparkprimaryelt.org • www.grangeparkprimaryelt.org
Headteacher: Tijen Hassan



Further Information

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>
If you have any questions regarding the positive coronavirus case at school please [click here](#) to submit your question. We will be posting answers to the questions on the [website](#) as soon as we can.

Please note that primary schools have not received any updates regarding January. As it stands we will be starting school again on Monday 4 January 2021. If we do receive an update on this we will of course let parents know.

I do hope you all manage to have an enjoyable Christmas break. Stay safe and well.

With my very best wishes

Tijen Hassan
Headteacher