World's End Lane, London N21 1PP • Telephone 0208 360 1001 office@grangeparkprimaryelt.org • www.grangeparkprimaryelt.org Headteacher: Tijen Hassan



Tuesday 4 January 2022

#### Dear parents

A very Happy New Year to you all, I hope you all have had a safe and enjoyable winter break. Welcome to the Spring term! All the children start back **tomorrow** as usual. In order to help reduce transmission after a period of social mixing over the holidays it is recommended that **children** and staff **take a LFD test before they start school**. Please click <u>here</u> for more information about ordering LFD tests.

# Changes to the 10 day self-isolation period

- As you may already know, since 22 December, the 10 day self-isolation period for people who
  record a positive PCR test result for COVID-19 has been reduced to 7 days, following two
  negative LFD tests, taken 24 hours apart.
- Therefore if your child tests positive for COVID-19, they may now take LFD tests on day 6 and day 7 of their self-isolation period. If they receive two negative test results and do not have a high temperature your child can come back to school from day 8. Anyone who is unable to take LFD tests will need to complete the full 10 day period of self-isolation. Please click here for the guidance.

### If your child develops COVID-19 symptoms or has a positive test

- Your child **should not** come to school if they have <u>COVID-19 symptoms</u> (high temperature, a new continuous cough, a loss or change in sense of smell or taste).
- If your child develops COVID-19 symptoms, however mild, they will be sent home and you should follow public health advice.
- If your child develops COVID-19 symptoms, you should get a PCR test to check if your child
  has COVID-19 as soon as possible and your child should stay at home and self isolate until
  they have had the test results back. If your child tests positive, your child is required to self
  isolate. Please inform the school ASAP.
- If your child has a positive LFD test result, they should also self-isolate in line with the guidance. Please also inform the school of any positive LFD result.

#### Testing daily if a close contact

- Children aged under 18 years and 6 months are not legally required to self isolate if they are a close contact with someone who has tested positive for COVID-19. They can still come to school as usual unless they have a positive test result or develop COVID-19 symptoms.
- However, it is strongly advised that your child takes an LFD test every day for 7 days if they
  are a close contact, and to self-isolate if any of these test results are positive

## Testing twice weekly using LFD

• It is recommended that households test twice weekly for COVID-19 using LFD tests. Around 1 in 3 people with COVID-19 do not have symptoms. Rapid lateral flow tests help to find cases in people who may have no symptoms but are still infectious and can give the virus to others.

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We are all very much looking forward to welcoming your child back to school tomorrow morning. Please do get in touch if you have any questions.

With my very best wishes

Tijen Hassan Headteacher