Physical Education
Hockey Year 6

Unit Purpose

Pupils will learn to **consistently** apply effective **attacking skills,** applying **decision making** in order to keep possession and score.

Pupils will in turn apply pressure when **defending** to regain **possession** effectively.

Inspire Me

Natascha Keller is a former German hockey player. Natascha is the most capped player in the history for the game having represented her country over 400 times. Natascha won a gold medal at the 2004 Olympics.

Key Success Criteria

(P) Pupils will apply a refined understanding of attacking skills when in possession and utilise effective defensive skills to regain possession.

(C) Pupils will demonstrate create a range of attacking and defending tactics, applying these to their games and adapting when applicable.

(S) Pupils will effectively apply their tactics, demonstrating a clear understanding of the role each team member will perform and will ensure the team feels motivated.

(W) Pupils will constantly apply life skills such as integrity and self discipline by playing by the rules and leading others by example.

" Vocabulary for Learning

Tactics: Tactics are a carefully planned set of actions that are used by a team or an individual to attaining a certain goal.

Attack: The aim of the game for the attackers is to score a goal. When a team are in possession of the ball they need to work together and apply their understanding of passing, moving and dribbling to create a shooting opportunity.

Defending: The aim of the game for the defenders is to prevent the attackers from scoring. When a team does not have possession they need to work together and apply their understanding of tackling, blocking and marking to gain back possession.

Counter Attack: A counter attack is a tactic employed by the team gaining possession who immediately attack after regaining the ball from defending the opponent's attack.

Sport Specific Vocabulary

Free Hit: A free hit is awarded when a foul occurs or the ball hits a players foot. The free hit is taken from where the violation took place.

Trust

Integrity

Transition to KS3

Develop character and personal life skills

Pupils choose to seek healthy, active lifestyles

Pupils are inspired, physically competent and confident

Consolidate keeping possession

Consolidate defending

Year 6 Learning Journey

Responsibility

Encouragement

Resourcefulness

Consolidate keeping possession: Develop officiating

Create, understand and apply attacking tactics

Create, understand and apply defensive tactics

Complete P.E.
INSPIRE LEARN SUCCEED