

Grange Park Primary School Year 4 Autumn 2 Design and Technology

European Sandwiches: Exploring ingredients sourced from European countries to design and make a sandwich

Key People and Events

Gordon Ramsay	Most famous and recognisable chef in the world for his TV appearances and restaurants.
Michel Roux	Was the first chef to hold 3 Michelin stars in Britain and is responsible for developing french cuisine across Europe.
Alain Ducasse	Holds 21 Michelin stars for restaurants all over Europe.
Noma	Danish restaurant that only uses nordic seasonal foods three times a year. Voted the best restaurant in the world.
La Gavroche	The first french restaurant to open in London and longest to hold a Michelin star
Azurmendi	Completely sustainable restaurant in Spain with seasonal food from its own gardens, farms and rivers.



Key Knowledge and Skills

Grating



Spreading on a variety of breads



Cutting using the bridge technique



Cutting using the claw technique



Key Food Productions

caught	Method of capturing fish e.g. line caught.
reared	Animals that are brought up for the purpose of providing food (usually by farmers).
grown	A crop or animal that is cultivated in large quantities to be sold.
preserved	Foods that are treated to prevent spoilage (pickling or vacuuming).
tinned	Food preserved by being sealed in a tin.
frozen	Food preserved by a freezing process and stored in a freezer before cooking.
processed	Foods that have been altered in some way during preparation (includes salting, smoking, cooking, drying, washing, pickling or chemicaling).

Key Vocabulary

seasonal	The time of the year when a type of food is at its peak or ready to eat.
prepare	Get food ready for use; the methods to ensure it is safe for consumption.
cultivate	Care for or grow plants. A process used in farming.
appealing	Food that is attractive in both taste and presentation.
aroma	A distinctive smell, that is usually pleasant, of a given plant, food or spice.
palate	A person's ability to distinguish between and appreciate different flavours of foods.
export	Send to another country for sale.
import	Bring into the country for sale.
exploded diagram	Technical drawing that shows the order of assembly - how something goes together.

