Physical Education
Dance: Cats

Unit Purpose

The unit of work will challenge pupils to explore movement through improvisation, introducing **unison** and **matching**. Pupils will sustain their characters to add **drama** and **emotion** to the dance. Pupils will extend their dance skills by using more complex **interacting movements**, actions and incorporate apparatus.

Inspire Me

Did you know... the first year of a cat's life is equal to the first 15 years of a human life. The average cat spends 70% of their lives sleeping, which works out to be around 13-16 hours a day.

Key Success Criteria

P Pupils will perform with big and clear movements that flow. They will perform with expression and be able to stay in character.

C Pupils will refine their ability to evaluate their own and others' performances. Pupils will problem solve and apply resourcefulness as they construct their sequences.

S Pupils will apply life skills such as cooperation and communication as they work successfully with others to execute their sequences in canon and unison.

W Pupils will demonstrate integrity as they continually strive to ensure their sequences are executed to the highest standard.

Vocabulary for Learning

Excellent Dancers: Excellent dancers interpret the music, perform with good timing and musicality, show expression and creativity and are able to choreograph.

Expression: refers to the actions a dancer uses to make their characters thoughts or feelings known.

Creativity: refers to pupils using their imagination or original ideas when performing their dance actions.

Emotion: refers to the feelings a dancer's character is feeling depending on their circumstances, mood, or relationships with others.

Sport Specific Vocabulary

Motif: is a series of movements that are repeated.

Flow: This is when a dancer moves from one action to another smoothly and without stopping.

Character: refers to the cat that the pupil is portraying in their performance.

Year 4 Learning Journey

Encouragement

Creating movement using improvisation

Cats: Responding to stimuli working together

Decision Making

Extending Greek God sequences using compositional principles

Developing character dance. Exploring two contrasting cats

Exploring the Greeks using compositional principles

Transition to Year 5

Resourcefulness

Extending sequences with a partner in character

Communication

Developing sequences with a partner in character that show relationship and interlinking movements

Integrity

Sequences, relationships, choreography and performance

Complete P.E.
INSPIRE LEARN SUCCEED