



Enfield Town junior parkrun is back!



What is Enfield Town junior parkrun?

It is a 2k event for juniors only.

Although currently only 4-10 year olds can take part, we hope 11-14 year olds will be able to join us from 25th July, although this is subject to change.

When is it?

It is held every Sunday at 9am. The first timer briefing and warm up is at 8.50am.

Where is it?

The event takes place at Enfield Town Park, Cecil Road, Enfield, EN2 6TJ. We meet by the Essex Road entrance.

What does it cost to join in?

Nothing - it's free! But please register before your first visit. Only ever register with parkrun once. Don't forget to bring a **printed** copy of your barcode. Register at www.parkrun.org/register/

How fast do I have to be?

The aim is to have fun. Please come along and join in whatever your pace!

Want to know more?

Take a look at our webpage <https://www.parkrun.org.uk/enfieldtown-juniors/>



@ETjuniorparkrun

And you can find us on Facebook too!



THE JUNIOR PARKRUN CODE



A parent or guardian accompanies under 11s to and from the event



Temporarily for children aged 4-10 (4-14 in Australia)



Respect the park and other park users



Parents and guardians can take part too



Please pay attention to the pre-event briefing



Let children walk, jog, hop, skip and run for fun!



No dogs allowed



Only children to enter the finish funnel



No barcode, no time, no exception



Join your local volunteer team!

#loveparkrun



www.parkrun.com