Grange Park Primary School Year 4 Spring 1 Religious Education

Hinduism: How do Hindu beliefs help to shape their everyday lives?

Supreme God

Hindus	believe	in (Une	Supreme	God:	Brahma	In

Brahman has many forms: Brahma, Vishnu, Shiva.

Hindus show Puja and worship different deities. These are 'parts' of the Supreme God.

Each God teaches Hindus and changes how they live their lives.

When Sudama arrived at Krishna's, he was amazed by all the gold and how well-off people were.

When he arrived, Krishna ran barefoot to his best friend, welcoming him in.

Puja

To show worship to a God, Hindus give offerings, pray, clean themselves and visit a Mandir.

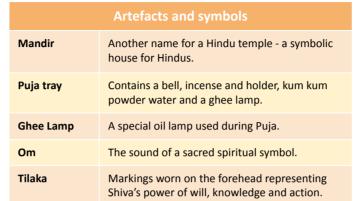
Hindus welcome Gods into their homes, giving them new clothing, flowers, preparing their favorite foods and having drinks available.

Puja takes place at least once a day and can happen at a holy shrine.

The Puja tray includes the five senses: incense to give off a pleasant aroma, a bell to let God know they are ready to worship, kum kum powder placed on their forehead as a sign of respect, a diva lamp lit as a symbol of God's presence and water on a spoon to offer to their God.











Key Vocabulary					
omnipresent	Always there.				
Shiva/ Mahadeva	The Auspicious One. He is one of the principal deities of Hinduism.				
Vishnu	The god of preservation and provides salvation for humanity.				
Krishna	The eighth incarnation of the Hindu god Vishnu. The god of protection, compassion and love.				
Rama	The seventh incarnation of Vishnu. Embodies virtue and chivalry.				
Brahman	The God of creation and knowledge.				
Ganesh	The God of beginnings and remover of obstacles.				
Puja	An act or worship including praying to an image of a deity and giving offerings to a God.				







